



pku 3-tablets

- ✓ phenylalanine free
- ✓ defined protein supplement based on free amino acids
- ✓ for the dietary management of Phenylketonuria and Hyperphenylalaninemia
- ✓ enriched with vitamins, minerals and trace elements in age-adapted quantities
- ✓ not to be used as a sole source of nutrition
- ✓ must be used under medical supervision

Definition and indication

Milupa pku 3-tablets is a mixture of pure L-amino acids free of phenylalanine, enriched with vitamins, minerals and trace elements. It is to be used as a defined supplement in the dietary management of adolescents and adults with Phenylketonuria and Hyperphenylalaninemia.

pku 3-tablets → 15 years and older

Dosage and use

The daily amount of pku 3-tablets depends on age, body weight, protein requirements and individual metabolic condition. The dose of pku 3-tablets must be adjusted by the physician or dietician regularly.

The daily amount required should be divided into 3-5 equal portions and should be taken together with a glass of drinking water and with calculated amounts of other food. The daily protein need can be covered by pku 3-tablets alone or in combination with pku 3-advanta, pku 3-shake pink orange and pku 3-activa.

Diets with pku 3-tablets must contain adequate amounts of energy, essential fatty acids and phenylalanine to meet daily requirements.

Packaging

pku 3-tablets → cardboard box with 600 tablets (60 sachets á 10 tablets) (3 cardboard boxes per box)



Nutrition information

Average content		per 100 g	per portion**	Average content		per 100 g	per portion**		
Energy	kJ	923	72	Minerals	Sodium	mg	< 3	< 0,3	
	kcal	217	17		Potassium	mg	815	64	
Protein*	g	44,8	3,5		Calcium	mg	880	69	
					Magnesium	mg	227	18	
Amino acids	g	53,8	4,2		Phosphorus	mg	438	34	
	of which				Chloride	mg	< 1	< 0,1	
Arginine	g	1,7	0,14		Iron	mg	8,6	0,7	
Cystine	g	1,2	0,09		Trace elements	Zinc	mg	9,9	0,8
Histidine	g	1,2	0,09			Copper	µg	325	25
Isoleucine	g	3	0,23			Iodine	µg	147	11,5
Leucine	g	5	0,39			Manganese	mg	0,8	0,06
Lysine	g	3,5	0,27			Chromium	µg	14	1,1
Methionine	g	1,2	0,09	Molybdenum		µg	20	1,6	
Threonine	g	2,4	0,18	Selenium		µg	29	2,2	
Tryptophan	g	0,9	0,07	Vitamins		Vitamin A	µg	368	29
Tyrosine	g	3,6	0,27		Vitamin D ₃	µg	3,8	0,3	
Valine	g	3,5	0,27		Vitamin E	mg	6,1	0,5	
Alanine	g	2,2	0,17		Vitamin K ₁	µg	40	3,1	
Aspartic acid	g	5	0,39		Vitamin B ₁	mg	0,8	0,06	
Glutamic acid	g	10,6	0,83		Vitamin B ₂	mg	0,8	0,06	
Glycine	g	1,2	0,09		Vitamin B ₆	mg	0,8	0,06	
Proline	g	4,8	0,37		Niacin	mg	9,7	0,8	
Serine	g	2,6	0,2		Folic acid	µg	137	11	
Carnitine	mg	90	7		Biotin	µg	33	2,6	
Fat	g	0	0		Vitamin B ₁₂	µg	1,9	0,15	
					Pantothenic acid	mg	3,4	0,3	
Carbohydrates	g	9,5	0,74	Vitamin C	mg	42	3,2		
				Cholin	mg	405	32		
				Myo-Inositol	mg	199	15,5		

* Conversion: 1 g Protein = 1,2 g Amino acids = 17 kJ = 4 kcal

** 1 portion = 10 tablets = 7,8 g

Ingredients

phe-free L-amino acids, bulking agent, starch, mineral and trace element mixture, releasing agent, glazing agent, maltodextrin, colouring agent, vitamin mixture