



pku 3-advanta

- ✓ phenylalanine free
- ✓ defined protein supplement based on free amino acids
- ✓ for the dietary management of Phenylketonuria and Hyperphenylalaninemia
- ✓ enriched with vitamins, minerals and trace elements in age-adapted quantities
- ✓ not to be used as a sole source of nutrition
- ✓ must be used under medical supervision

Definition and indication

Milupa pku 3-advanta is a mixture of pure L-amino acids free from phenylalanine, enriched with vitamins, minerals and trace elements. It is to be used as a defined protein supplement in the dietary management of Phenylketonuria and Hyperphenylalaninemia.

pku 3-advanta → 15 years and older

Dosage and use

The daily amount of pku 3-advanta depends on age, body weight, protein requirements and individual metabolic condition. The dose of pku 3-advanta must be adjusted by the physician or dietician regularly.

The daily amount required should be divided into 3 to 5 equal portions and should be taken mixed with calculated amounts of other food (e.g. fruit puree, beverages, solid foods). The daily protein need can be covered by pku 3-advanta alone or in combination with pku 3-tablets, pku 3-shake pink orange and pku 3-activa.

Diets with Milupa pku 3-advanta require an adequate intake of energy, essential fatty acids and phenylalanine to meet daily requirements. In beverages a maximum concentration of 10 g per 100 ml should not be exceeded.

Packaging

pku 3-advanta → 500 g tin (2 tins per box)



Nutrition information

Average content per 100 g	pku 3-advanta	Average content per 100 g	pku 3-advanta
Energy		Minerals	
kJ	1270	Sodium mg	< 3
kcal	299	Potassium mg	1275
Protein*	70	Calcium mg	1375
		Magnesium mg	355
Amino Acids	84	Phosphorus mg	685
of which		Chloride mg	< 1
Arginine g	2,7	Iron mg	13,4
Cystine g	1,9		
Histidine g	1,9	Trace elements	
Isoleucine g	4,7	Zinc mg	15,5
Leucine g	7,8	Copper µg	510
Lysine g	5,5	Iodine µg	230
Methionine g	1,9	Manganese mg	1,3
Threonine g	3,7	Chromium µg	22
Tryptophan g	1,4	Molybdenum µg	32
Tyrosine g	5,6	Selen µg	45
Valine g	5,5		
Alanine g	3,4	Vitamins	
Aspartic acid g	7,8	Vitamin A µg	575
Glutamic acid g	16,6	Vitamin D ₃ µg	6
Glycine g	1,9	Vitamin E mg	9,5
Proline g	7,5	Vitamin K ₁ µg	62
Serine g	4,1	Vitamin B ₁ mg	1,2
Carnitine mg	140	Vitamin B ₂ mg	1,3
		Vitamin B ₆ mg	1,3
Fat	0	Niacin mg	15,1
		Folic acid µg	215
Carbohydrates	4,7	Biotin µg	52
		Vitamin B ₁₂ µg	3
		Pantothenic acid mg	5,3
		Vitamin C mg	65
		Choline mg	630
		Myo-Inositol mg	310

* Conversion: 1 g Protein
= 1,2 g Amino acids
= 17 kJ = 4 kcal

Ingredients

phe-free L-amino acid mixture, mineral and trace element mixture, maltodextrin, vitamin mixture, vanillin